

Age Group	Preliminary Assessment (Pool or Open Water)	Competition Skills Evaluation (Surf/Open Water)	Junior Development Program Award
Under 6	Nil (shallow water activities only)	Not required (no competition)	Surf Play One
Under 7	Nil (shallow water activities only)	Not required (no competition)	Surf Play Two
Under 8	25 metre Swim (any stroke) 1 minute survival float	Not required (no water competition, except for the wade which takes place in waist deep water)	Surf Aware One
Under 9	25 metre Swim (any stroke) 1 minute survival float	150 metre open water swim within 12 minutes (continuous freestyle)	Surf Aware Two
Under 10	50 metre Swim (freestyle/front crawl) 1 ½ minute survival float	150 metre open water swim within 11 minutes (continuous freestyle)	Surf Safe One
Under 11	50 metre Swim (freestyle/front crawl) 2 minute survival float	288 metre open water swim within 12 minutes (continuous freestyle)	Surf Safe Two
Under 12	100 metre Swim (freestyle/front crawl) 2 minute survival float	288 metre open water swim within 10 minutes (continuous freestyle)	Surf Smart One
Under 13	150 metre Swim (freestyle/front crawl) 3 minute survival float	288 metre open water swim within 9 minutes (continuous freestyle)	Surf Smart Two
Under 14	200 metre Swim (freestyle/front crawl within 5 minutes) 3 minute survival float	288 metre open water swim within 9 minutes (continuous freestyle)	Surf Rescue Certificate
Notes	<p>Every Junior member is required to participate in this evaluation, conducted by the club, prior to any junior water activity training or competition being undertaken each season.</p> <p>Any child that does not meet the required evaluation level will require a higher level of supervision when involved in water based activities at the discretion of the club.</p>	<p>Competition Skills Evaluation is mandatory for U12-U14 to compete in ANY event and U9- U11 for water events only (excluding wade). Continuous freestyle is deemed to be a continuous visible over arm swimming action with a scissor kick and face in water (with the exception of swimming when looking for buoys or landmarks. Stopping, breaststroke or side stroke are not permitted.</p>	<p>All junior member wishing to compete at the Victorian Junior Championships must complete the relevant Surf Education Award appropriate to their age group prior to close of entries.</p>